

Relief at Last



By Meredith Knight

Patients who've long ago given up on resolving their bulging, herniated or degenerative disc problem are hobbling into Northshore Chiropractic and walking out with a new lease on life.

In the past, patients suffering from bulging, herniated or degenerative disc problems often had to resign themselves to a life of pain. Traditional chiropractic care could relieve their symptoms, for a time. Medication and injections could mask them. And surgery? Well, surgery was a last resort.

That's the scenario Jo Pierce was facing after an injury at work left her on full disability and in almost constant pain. Then she went to see Dr. David Mroski at Northshore Chiropractic Clinic and discovered spinal decompression therapy. "Before my first visit, I literally couldn't walk across the room or out to my mailbox. I was 57 years old and couldn't stand up straight. By the second week of therapy, I felt hopeful, for the first time in years. By my eighteenth treatment, I was ready to return to work. It was miraculous. I start each day now with a brisk walk and a prayer of thanksgiving for Dr. Mroski and spinal decompression therapy."

Jo is just one of the patients singing the praises of this revolutionary treatment. Many are being referred to Dr. Mroski by general practitioners, neurosurgeons, pain management specialists, and even other chiropractors. Some have undergone surgery only to have their pain return. Others have been trying various treatments for years with little improvement.

"The beauty of spinal decompression therapy is it can be directed at specific disc levels in the cervical or lumbar spine. Because it is specific, more decompression can be achieved using less force. This makes the treatment very comfortable. In fact, many patients become so relaxed during their treatment that they doze off." Dr. Mroski explains, "The treatment is nonsurgical. There are no injections and no medications. It's painless and studies show an 86 percent success rate. Most patients experience significant improvement by their fourth to sixth visit." It works by creating a negative pressure inside the disc, causing the bulging disc material to be retracted away from irritated nerve tissues. At the same time, the disc is rehydrated and healed by the nutrients that are drawn into the disc during the process.



Patients who have long ago given up on resolving their bulging, herniated or degenerative disc problem are hobbling into Northshore Chiropractic Clinic and walking out with a new lease on life. Give them a call today to start down the road to a pain-free life. 📞

3041 East Causeway Approach
 (Just past police station and city hall)
 Monday, Wednesday, Friday 9-6.
 985-624-2971